

Saturday, December 3, 2011 10 am – 12 pm

# EMOTIONAL FREEDOM TECHNIQUE

Workshop

Learn the most powerful

## Emotional Rescue Tool

Change any **NEGATIVE** emotion to **POSITIVE** emotion

**FROM FEELING**

**Stressed**  
**Overwhelm**  
**Anxious**  
**Angry**  
**Frustrated**



**TO FEELING**

**Relaxed**  
**Calm**  
**Serene**  
**Happy**  
**Guilt Free**

*It works when  
nothing else  
does*

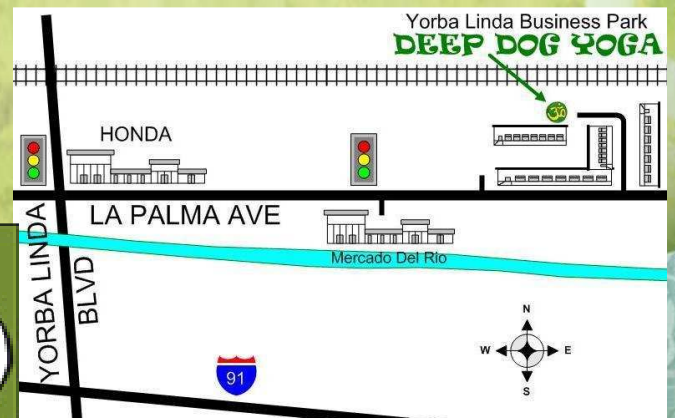
*Presented by  
Ela Corcoran*

*Holistic Health and  
Life Success coach, speaker  
and Bestselling author*

*PreRegistration is  
Required, Sign Up Today!*

**Workshop fee \$30**  
**Call 714-471-0210 or**

**[REGISTER HERE](#)**



Deep Dog Yoga



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